

Smith+Nephew

Academy

Education + Innovation + Excellence

Instructional Course | AcademyLondon

+ INSPIRE

International Sports Medicine Platform  
for Innovation, Research, and Education



# + INSPIRE Foot+Ankle Academy Instructional course

**Date: 16-17 June 2026**

Preliminary programme

Invited chairpeople:

Prof. Masato Takao, Japan

Dr. Eric Ferkel, USA

Smith+Nephew  
Academy London, UK



# Course description

This Smith + Nephew Foot + Ankle Instructional course features scientific debates, workshops and open discussions, enabling delegates to extend their scope of practice in foot + ankle arthroscopy techniques. Focusing on Ankle/Hind foot arthroscopy and Instability/achilles tendon conditions, sessions will start with guided case discussions from the faculty around each topic followed by a lab session to cover the relevant surgical techniques. Anatomical workshops will ensure the delegates receive comprehensive tuition and practice the techniques required whilst using the relevant S+N products in a safe and controlled environment.

## Accreditation

Accredited by the Royal College of Surgeons of England

## Invited chairpeople



**Prof. Masato Takao**  
Japan



**Dr. Eric Ferkel**  
USA

## Invited faculty



**Prof. Pieter D'Hooghe**  
United Kingdom



**Dr. Mellany Gala**  
Germany



**Dr. Andrea Veljkovic**  
Canada



**Dr. Alexis Thiounn**  
France



## Academy Online

As online content is an integral part of the course, you will be pre-registered on our online Global Medical Education learning platform "[Smith+Nephew Academy Online](#)".

Please complete your profile to access the assigned course modules associated with this full course. After completion of the course with full attendance, this is where you will have access to feedback surveys and certificates

# Course description

## Learning objectives

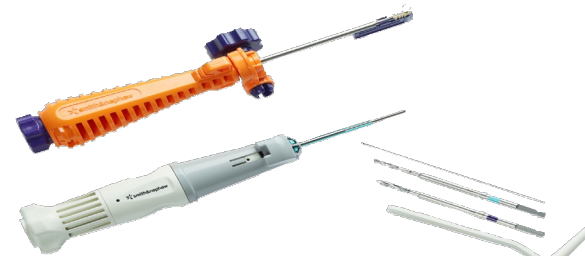
- Explain different evidence-based approaches to F+A instability and achilles tendon conditions
- Recognize surgical approaches to complex F+A pathologies.
- Practice current and emerging F+A surgical techniques during hands on session

## Participant profile

- Consultant orthopaedic surgeon who are undertaking more than 60 foot+ankle procedures a year for at least 5 years
- Surgeons with a high interest in advanced foot + ankle repair, wanting to learn techniques for managing instability condition
- This event will be conducted in English, therefore, a good command of the language is essential

## Focus products

FOOTPRINT<sup>®</sup> ULTRA PK  
TWINFIX<sup>®</sup> ULTRA PK  
Q-FIX<sup>®</sup> with Needles  
ULTRABRIDGE<sup>®</sup> kit  
ULTRABRACE<sup>®</sup> kit  
HEALICOIL<sup>®</sup> PK suture anchor  
with needles  
FOOTPRINT<sup>®</sup> MINI PK



**ULTRABRACE<sup>®</sup> Kit**

# Preliminary programme

Tuesday, 16 June

## Day 1

Time	Session	Speaker
<i>Morning</i>	<i>Individual arrivals</i>	<i>All</i>
11:30 - 12:15	Registration and welcome lunch	All
12:15 - 12:25	Welcome and introductions	Smith+Nephew
12:25 - 12:30	What to expect from these 2 days	E. Ferkel/M. Takao
<b>Session 1</b>		
12:30 - 12:55	Anterior ankle arthroscopy: Indications/access tips + tricks	E. Ferkel
12:55 - 13:10	Posterior arthroscopy and tendoscopy: Indications/access tips + tricks	M. Takao
13:10 - 13:20	Discussion	All
13:20 - 13:30	Lateral Instability: Open management: indications + techniques with/without augmentation	E. Ferkel
13:30 - 13:45	Arthroscopic all-inside ankle lateral ligament repair using mini-tape type knotless anchor	M. Takao
13:45 - 14:45	Case discussions: Lateral ankle instability	All faculty
14:45 - 14:55	Failed Primary Brostrom Repair: What's next?	M. Takao
14:55 - 15:10	Discussion	All
<b>15:10 - 15:30</b>	<b><i>Coffee break and change for the lab</i></b>	<b><i>All</i></b>
<b>Session 2</b>	<b>Anatomical wetlab</b>	
15:30 - 15:45	Live Demo: All Inside arthroscopic Brostrom repair	M. Takao
15:45 - 17:20	Anterior + posterior arthroscopy - Arthroscopic brostrom repair + augmentation	All
17:20 - 17:25	Recap of the day and close	
17:35	Coach transfer back to the hotel	All
19:00	Meet in the lobby of the hotel to take a short walk for dinner	All

# Preliminary programme

Wednesday, 17 June

## Day 2

Time	Session	Speaker
Morning	Breakfast at the hotel and check out	All
07:30	Group transfer to the Academy	All
08:00 - 08:05	Welcome back to day 2	E. Ferkel/ M. Takao
<b>Session 3</b>		
08:05 - 08:15	Insertional / Mid substance Achilles Tendinopathy	A. Thiounn
08:15 - 08:25	Endoscopic plantar faciitis + gastrocnemius recession	A. Veljkovic
08:25 - 08:35	Syndesmotic instability + AITFL augmentation with Ultrabrace	P. D'Hooghe
08:35 - 08:45	Endoscopic vs Open FHL Transfer: Indications, Tips & Tricks	M. Galla
08:45 - 09:45	Achillies Tendon: Case Discussions	All faculty
09:45 - 09:55	Discussion	All
09:55 - 10:05	Medial Ankle instability: Assessment and stabilization	P. D'Hooghe
<b>10:05 - 10:25</b>	<b>Coffee break and change for the lab</b>	<b>All</b>
<b>Session 4</b>		
	<b>Anatomical wetlab</b>	
10:25 - 10:40	Live Demo: Open AITFL	P. D'Hooghe
10:40 - 12:15	Open ATFL + Augmentation, Syndesmotic stabilisation	All
<b>12:15 - 13:00</b>	<b>Lunch</b>	<b>All</b>
<b>Session 5</b>		
	<b>Anatomical wetlab</b>	
13:00 - 13:15	Live Demo: Arthroscopic FHL transfer	M. Galla
13:15 - 15:05	Arthroscopic FHL transfer, Endoscopic calcaneoplasty, open reinsertion Achilles tendon	All
15:05 - 15:15	Summary: Insights, outcomes, key learnings + Q+A	E. Ferkel / M. Takao
15:15	Departures	All

### Course venue

Smith+Nephew  
Academy London,  
Building 5, Croxley Business Park  
Hatters Lane, Watford, WD18 8YE

### Hotel Information

Leonardo Hotel, Watford  
Clarendon Road,  
Watford, WD17 1JA

### Course dinner

TBC

### Transfers/directions

Transfers from the airport to the  
hotel and back according to the  
online registration system entries

### Event management

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### Programme and faculty management

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### Course Certificates

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